

**Curriculum Vitae**  
**Anthony Magdaleno, M.S.**  
[magdale4@uwm.edu](mailto:magdale4@uwm.edu)

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**Education**

University of Wisconsin-Milwaukee (2025, anticipated)

Milwaukee, WI

Doctorate of Philosophy, Health Sciences

Specialization: Sport and Performance Psychology

Advisor: Barbara B. Meyer, Ph.D., CMPC

California State University, Fullerton (2020)

Fullerton, California

Master of Science, Kinesiology

Concentration: Applied Sport and Performance Psychology

Advisors: Traci Statler, Ph.D., CMPC; Lenny Wiersma, Ph.D., CMPC

California State University, Fullerton (2018)

Fullerton, California

Bachelor of Science, Kinesiology

Concentration: Sport Studies

Advisors: Traci Statler, Ph.D., CMPC; Lenny Wiersma, Ph.D., CMPC

**Peer Reviewed Publications**

1. **Magdaleno, A.,** & Meyer, B.B. (2023). Identifying predictors of burnout and health of Certified Mental Performance Consultants. *The Sport Psychologist, 37*(4), 297-305.  
<https://doi.org/10.1123/tsp.2023-0047>.
2. **Magdaleno, A.,** & Meyer, B.B. (2023). A novel exploration of occupational recovery in Certified Mental Performance Consultants. *The Sport Psychologist, 37*(2), 140-148.  
<https://doi.org/10.1123/tsp.2022-0095>.
3. **Magdaleno, A.,** Wiersma, L., & Meyer, B.B. (2022). An exploratory comparison of subjective mental fatigue following a task designed to replicate the observation of game film. *International Journal of Exercise Science, 15*(6), 25-35.
4. Rose, S., Cacho, F., Wiersma, L., **Magdaleno, A.,** Anderson, N., & Statler, T. (2021). Efficacy of a brief biofeedback intervention on mood, arousal, mental workload, movement time, and biofeedback device preference. *Applied Psychophysiology and Biofeedback, 46*(2), 205-214.

**Peer Reviewed Publications in Review**

1. **Magdaleno, A.,** & Meyer, B.B. (in review). Investigating differences in Certified Mental Performance Consultants' stress, burnout, and occupational recovery when grouped by weekly hours worked. *Journal of Applied Sport Psychology*, submitted April 5, 2024.

### **Peer Reviewed Publications in Progress**

1. **Magdaleno, A.**, & Meyer, B.B (in progress). Examining the effect of services provided and years of experience on the stress, burnout, and occupational recovery of Certified Mental Performance Consultants. Target: *Journal of Applied Sport Psychology*, to be submitted August 2024.
2. **Magdaleno, A.**, & Meyer, B.B (in progress). Validating the Recovery Experience Questionnaire in sport psychology professionals. Target: *Journal of Applied Sport Psychology*, to be submitted December 2024.

### **Research Grants**

1. **Magdaleno, A.**, & Meyer, B.B. Examining the effect of services provided and years of experience on the stress, burnout, and occupational recovery of CMPCs. Association for Applied Sport Psychology, 2022 Research Grant. Amount funded: \$2,200.

### **Presentations at Academic & Professional Meetings**

1. **Magdaleno, A.** & Meyer, B.B. (in review). *Investigating differences in the perceived stress, burnout, and occupational recovery of CMPCs when grouped by weekly hours worked*. Abstract submitted to the Association for Applied Sport Psychology 39<sup>th</sup> Annual Conference.
2. **Magdaleno, A.** (February 2024). *A Conversation on Sport and Performance Psychology: What is it, who are we, and what do we do?* Invited professional presentation at Lawrence University, Appleton, WI.
3. **Magdaleno, A.** & Meyer, B.B. (October 2023). *Investigating differences in CMPCs' stress, burnout, and occupational recovery when grouped by services provided and years of experience*. Poster presented at the Association for Applied Sport Psychology 38<sup>th</sup> Annual Conference, Orlando, FL.
4. **Magdaleno, A.** & Meyer, B.B. (October 2022). *Identifying predictors of the health and performance of Certified Mental Performance Consultants*. Lecture presented at the Association for Applied Sport Psychology 37<sup>th</sup> Annual Conference, Fort Worth, TX.
5. **Magdaleno, A.** & Meyer, B.B. (April 2022). *Stress and burnout in Certified Mental Performance Consultants*. Lecture presented at the Midwest Psychological Association 2022 Meeting, Chicago, IL.
6. **Magdaleno, A.**, Menden, E., & Meyer, B.B. (April 2021). *Burnout in healthcare providers*. Lecture presented at the Midwest Psychological Association 2021 Meeting, Virtual.
7. **Magdaleno, A.**, Wiersma, L., Wilson, K., Barros, J., & Meyer, B.B. (October 2020). *A comparison of subjective mental fatigue following completion of the Stroop test and a task designed to replicate the observation of game film*. Poster presentation at the Association for Applied Sport Psychology 35<sup>th</sup> Annual Conference, Virtual.
8. Statler, T., & **Magdaleno, A.** (January 2020). *Effective applied sport psychology supervision: A case-study approach*. Invited keynote presentation at the 2020 National University Center for Performance Psychology Annual Conference, San Diego, CA.

9. Rose, S., Cacho, F., Wiersma, L., **Magdaleno, A.**, Anderson, N., Rubio, O., Stark, B., & Statler, T. (October 2019). *Efficacy of a brief biofeedback intervention on mood, arousal, mental workload, movement time, and biofeedback device preference*. Presentation at the Association for Applied Sport Psychology 34<sup>th</sup> Annual Conference, Portland, OR.

### **Professional Experiences**

1. Performance Psychology Intern. (May 2023 – Present). Snow Australia (SA).  
Supervisor: Stacy Gnacinski, Ph.D., CMPC, CSCS  
Duties: Provide content-generation and administrative support to Olympic Winter Institute of Australia (OWIA) Performance Psychologists who can then devote time to the development and dissemination of novel Performance Psychology educational materials for athletes and teams supported by the OWIA, SA, the New South Wales Institute of Sport (NSWIS), the Victorian Institute of Sport (VIS), and Queensland Academy of Sport (QAS).
2. Mental Performance Consultant. (August 2022 – Present). Laboratory for Sport Psychology & Performance Excellence, University of Wisconsin-Milwaukee.  
Supervisor: Barbara B. Meyer, Ph.D., CMPC  
Duties: Prepare and deliver sport and performance psychology services, including mental skill workshops, under the supervision of my doctoral advisor. Services include mental skills workshops delivered to a high school athletic population, observation and delivery of one-on-one consultation work provided to various performance populations, and the development and delivery of a training program to build resilience in NCAA Division I coaches.
3. Co-Instructor. (May 2022 – December 2022). University of Wisconsin-Milwaukee.  
Supervisor: Barbara B. Meyer, Ph.D., CMPC  
Duties: With the support of my doctoral advisor, design and prepare material for the co-delivery of an undergraduate level foundational sport and performance psychology course, KIN 350: Psychological Aspects of Sport & Exercise (Fall 2022).
4. Mental Performance Consultant. (January 2017 – May 2020). Performance Psychology Laboratory, California State University, Fullerton.  
Supervisor: Traci Statler, Ph.D., CMPC; Lenny Wiersma, Ph.D., CMPC  
Duties: Services included the development and provision of sport and performance psychology workshops on various topics to youth, high school, and club athletes. Services further included the provision of individual and team mental performance services at the collegiate level including local, regional, and national travel to provide on-site support the day of competition to promote high performance.

## **Service & Leadership**

### University Service

1. Graduate Student Member, Academic Misconduct Committee. (August 2022 – Present).  
University of Wisconsin-Milwaukee
2. President, Sport Psychology & Performance Excellence Organization. (May 2021 – Present). University of Wisconsin-Milwaukee  
Supervisor: Barbara B. Meyer, Ph.D., CMPC
3. Webmaster, Laboratory for Sport Psychology and Performance Excellence. (January 2021 – May 2022). University of Wisconsin-Milwaukee  
Supervisor: Barbara B. Meyer, Ph.D., CMPC
4. President, Sport Psychology Club. (May 2019 – May 2020). California State University, Fullerton  
Supervisor: Traci Statler, Ph.D., CMPC
5. Student Laboratory Director, Performance Psychology Laboratory. (August 2018 – May 2020). California State University, Fullerton  
Supervisor: Lenny Wiersma, Ph.D., CMPC
6. Graduate Student Assistant, Office of Graduate Studies. (June 2018 – May 2020).  
California State University, Fullerton  
Supervisor: Traci Statler, Ph.D., CMPC

### Professional Service

1. Conference Abstract Reviewer, *Association for Applied Sport Psychology*, 39<sup>th</sup> Annual Conference, Las Vegas, NV.
2. Conference Abstract Reviewer, *Association for Applied Sport Psychology*, 38<sup>th</sup> Annual Conference, Orlando, FL.
3. Student Delegate (January 2022 – January 2023), *Association for Applied Sport Psychology*. Science to Practice Initiative (SPI).
4. Student Delegate (January 2022 – January 2023), *Association for Applied Sport Psychology*. Social Justice Initiative (SJI).

## **Professional Awards**

1. AASP 2023 Conference Student Abstract Award (October 2023). Association for Applied Sport Psychology. Abstract title: *Investigating differences in CMPCs' stress, burnout, and occupational recovery when grouped by services provided and years of experience*.  
Award: \$750
2. AASP 2022 Conference Student Abstract Award (October 2022). Association for Applied Sport Psychology. Abstract title: *Identifying predictors of the health and performance of Certified Mental Performance Consultants*. Award: \$750

### **Professional Organization Memberships**

1. Student Member (January 2017 – Present), *Association for Applied Sport Psychology*
2. Student Member (January 2021 – January 2023), *Midwest Psychological Association*

### **Fellowships and Scholarships**

1. Distinguished Dissertation Fellowship. (2024-2025). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: Tuition waiver + \$17,000.00 stipend + \$1000.00 travel grant
2. Graduate Student Excellence Fellowship Award. (2023-2024). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: \$2000
3. Advanced Opportunity Fellowship. (2022-2023). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: Tuition waiver + \$18,000.00 stipend + \$1000.00 travel grant
4. Advanced Opportunity Fellowship. (2021-2022). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: Tuition waiver + \$15,000.00 stipend + \$1000.00 travel grant
5. Advanced Opportunity Fellowship. (2020-2021). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: Tuition waiver + \$15,000.00 stipend + \$3,000.00 emergency supplement + \$1000.00 travel grant
6. Graduate Student Excellence Fellowship Award. (2020-2021). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: \$2000
7. California State University Grant (Fall 2018 – Spring 2020). Award: Tuition Waiver
8. Elevar Scholars Program (Fall 2019 – Spring 2020). Award: \$2,000
9. Graduate Equity Fellowship (Fall 2018 – Spring 2019). Award: \$2,000
10. Drs. Leslie and Dick Richards Endowment Achievement Scholarship (Spring 2017). Award: \$2,000
11. Kinesiology Department Undergraduate Scholarship (Spring 2017). Award: \$500

### **Travel Grants**

1. Graduate Student Travel Award. (Fall 2023). Student Appropriations Committee, University of Wisconsin-Milwaukee. Award: \$2,900
2. Graduate Student Travel Award. (Fall 2022). Student Appropriations Committee, University of Wisconsin-Milwaukee. Award: \$2,368
3. Giles T. Brown Graduate Student Travel Grant (Fall 2019). Graduate Studies, California State University, Fullerton. Award: \$500
4. Interclub Council Travel Grant (Fall 2017). College of Health and Human Development, California State University, Fullerton. Award: \$500

### **Academic Honors**

1. Graduate Academic Honors, California State University, Fullerton (2020)
2. Summa Cum Laude, California State University, Fullerton (2018)