

Curriculum Vitae
Derek Michael Zike, MS

General Information

University of Wisconsin-Milwaukee
Department of Rehabilitation Sciences & Technology
3409 N. Downer Ave.
Milwaukee, WI 53201-0413

Email: dmzike@uwm.edu

Formal Education

University of Wisconsin-Milwaukee (2024 – anticipated)
Milwaukee, WI
Doctorate of Philosophy, Health Sciences
Major Specialization: Sport and Performance Psychology
Advisor: Monna Arvinen-Barrow, PhD

Miami University (2016)
Oxford, OH
Master of Science, Kinesiology and Health
Concentration: Sport Leadership

Miami University (2014)
Oxford, OH
Bachelor of Science, Kinesiology and Health
Major: Sport Studies

Academic Journal Articles

Zike, D. M., Vealey, R., & Arvinen-Barrow, M. (under review). Sport transition experiences due to spinal cord injury: A multiple case study.

Ford, J., **Zike, D. M.**, & Arvinen-Barrow, M., Brondino, M., Feay-Shaw, S., Johnson, R., & Wester, S. (under review). Musicians' personal experiences with psychological performance enhancement: An interpretative phenomenological analysis.

Zike, D. M., Hanson, M., & Arvinen-Barrow, M. (under review). Psychosocial factors associated with athlete adaptation to spinal cord injury: A systematic review.

Ildefonso, K., **Zike, D. M.**, & Arvinen-Barrow, M. (in preparation). Exploring a mental toughness concept in sport injury rehabilitation: A grounded theory approach.

Hanson, M., **Zike, D. M.**, & Arvinen-Barrow, M. (in preparation). Psychosocial factors associated with injury in military populations: A scoping review.

Academic Book Chapters

Zike, D. M., & Arvinen-Barrow, M. (2020). Leaving sport with a spinal cord injury. In M. Sachs, L. Tashman, & S. Razon (Eds.), *Performance excellence: Stories to make your endeavors a success* (pp. 75-77). Rowman & Littlefield.

Zike, D. M., Kundrat, G. K., & Arvinen-Barrow, M. (2024). Transition out of sport. In M. Arvinen-Barrow & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 287-301). Routledge. <https://doi.org/10.4324/9781003295709-24>

Academic/Professional Conference Oral Presentations (National, Regional, and Local)

Zike, D. M., & Arvinen-Barrow, M. (2021, May). *Psychosocial factors associated with athlete adaptation to spinal cord injury: A systematic review*. UWM 2021 Virtual Health Research Symposium, Virtual.

Zike, D. M., Vealey, R., & Arvinen-Barrow, M. (2020, October). *Athletes' experiences of leaving sport due to spinal cord injury: A multiple case study examination*. Association for Applied Sport Psychology annual conference, Virtual.

Zike, D. M., Vealey, R., Freysinger, V., & Geller, K. (2017, February). *Athletes' experiences of leaving sport due to spinal cord injury: A multiple case study examination*. Midwest Association for Applied Sport Psychology regional conference, Detroit, MI.

Academic/Professional Conference Poster Presentations (National, Regional, and Local)

Zike, D. M., & Arvinen-Barrow, M. (2023, October). *Having, being, and living: Stories of disability by female athletes after spinal cord injury*. Association for Applied Sport Psychology annual conference, Orlando, FL.

Zike, D. M., & Arvinen-Barrow, M. (2021, October). *Psychosocial factors associated with athlete adaptation to spinal cord injury: A systematic review*. Association for Applied Sport Psychology annual conference, Virtual.

Zike, D. M., & Arvinen-Barrow, M. (2019, October). *Reflections on becoming a PhD student: Lessons learned*. Association for Applied Sport Psychology annual conference, Portland, OR.

Ford, J., Beauchemin, R., Halama, B., Ildefonso, K., **Zike, D. M.**, & Arvinen-Barrow, M. (2019, March). *Exploring the use of performance strategies in Division 1 athletes*. Association for Applied Sport Psychology annual conference, Portland, OR.

Zike, D. M., & Arvinen-Barrow, M. (2019, March). *Reflections on becoming a PhD student: Lessons learned*. Midwest/North Central Association for Applied Sport Psychology regional conference, Mankato, MN.

Ford, J., Beauchemin, R., Halama, B., Ildefonso, K., **Zike, D. M.**, & Arvinen-Barrow, M. (2019, March). *Exploring the use of performance strategies in Division 1 athletes*. Midwest/North Central Association for Applied Sport Psychology regional conference, Mankato, MN.

Academic/Professional Conference Workshops and Panels (National, Regional, and Local)

Girard, M., Bejar, M., & **Zike, D. M.** (2024, October). Be an anti-ist: Practicing anti-ism in sport and exercise psychology by utilizing a transformational leadership approach. Association for Applied Sport Psychology annual conference, Las Vegas, NV.

- Perkins-Ball, A., **Zike, D. M.**, Enriquez, D. (2023, October). *What does an AASP that integrates DEIBJ look like? Changes in membership demographics from 2017 to 2023 emphasize the need to rethink diversity and inclusion in AASP membership.* Association for Applied Sport Psychology annual conference, Orlando, FL.
- Prewitt-White, T., Butryn, T., & **Zike, D. M.** (2021, October). *Engaging in advocacy: A call from AASP's inaugural advocacy committee.* Association for Applied Sport Psychology annual conference, Virtual.
- Anderson, S., Enriquez, D., Line, J., & **Zike, D. M.** (2021, April). *Engaging in advocacy as a student: Reflection, education, & dialogue.* Association for Applied Sport Psychology Diversity in Sport regional conference, Virtual.
- Bennett, H., Owens, R., Perkins-Ball, A., Prewitt-White, T., & **Zike, D. M.** (2021, April). *Advocacy in sport, exercise, and performance psychology settings.* Association for Applied Sport Psychology Diversity in Sport regional conference, Virtual.

Guest Lectures

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| April 30 & May 2, 2024 | <i>Transition out of sport.</i> University of Wisconsin Milwaukee, WI, PRPP 551 - Psychology of Injury: Prevention, Rehabilitation & Return to Participation. |
| November 1, 2023 | <i>Disability and Education.</i> University of Wisconsin-Milwaukee, WI, THERREC 202 – Disability: Society and the Person |
| October 2, 2023 | <i>Introduction to Sport Psychology.</i> University of Wisconsin Milwaukee, WI, ED PSY 102 – Success in Academics and Athletics |
| May 4, 2023 | <i>Career-ending injuries & living with disability.</i> University of Wisconsin Milwaukee, WI, KIN 551 - Psychology of Injury: Prevention, Rehabilitation & Return to Participation. |
| October 3, 2022 | <i>Introduction to Sport Psychology.</i> University of Wisconsin Milwaukee, WI, ED PSY 102 – Success in Academics and Athletics |
| May 5, 2022 | <i>Career-ending injuries & living with disability.</i> University of Wisconsin Milwaukee, WI, KIN 551 - Psychology of Injury: Prevention, Rehabilitation & Return to Participation. |
| April 21, 2022 | <i>Alternative strategies for coping: humor, profanities, religion, spirituality, storytelling.</i> University of Wisconsin Milwaukee, WI, KIN 551 - Psychology of Injury: Prevention, Rehabilitation & Return to Participation. |
| March 17, 2022 | <i>Cognitive and Behavioral Interventions.</i> University of Wisconsin Milwaukee, WI, KIN 350 - Psychological Aspects of Sport & Exercise. |
| March 15, 2022 | <i>Cognitive and Behavioral Interventions.</i> University of Wisconsin Milwaukee, WI, KIN 350 - Psychological Aspects of Sport & Exercise. |
| October 11, 2021 | <i>Introduction to Sport Psychology.</i> University of Wisconsin Milwaukee, WI, ED PSY 102 – Success in Academics and Athletics |
| May 6, 2021 | <i>Career-ending injuries & living with disability.</i> University of Wisconsin Milwaukee, WI, KIN 551 - Psychology of Injury: Prevention, Rehabilitation & Return to Participation. |
| October 7, 2019 | <i>Introduction to Sport Psychology.</i> University of Wisconsin Milwaukee, WI, ED PSY 101 – Foundations of Academic Success. |

May 2, 2019 *Having a, Living With, and Being Disabled*. University of Wisconsin Milwaukee, BUS ADM 441 – Diversity in Organizations.

Master's Thesis

Zike, D. M. (2016). *Athletes' experiences of leaving sport due to spinal cord injury: A multiple case study examination* [Master's thesis, Miami University]. OhioLINK Electronic Theses and Dissertations Center. http://rave.ohiolink.edu/etdc/view?acc_num=miami1479837905411036

Classroom Instruction

Instructor, University of Wisconsin-Milwaukee

Life Balance: An Understanding of Leisure, THERREC 103-001 (Fall 2023), School of Rehabilitation Sciences & Technology

Life Balance: An Understanding of Leisure, THERREC 103-001 (Spring 2024), School of Rehabilitation Sciences & Technology

Awards and Fellowships

Chancellor's Graduate Student Award in Health Sciences (Ph.D.). (2023-2024). College of Health Professions & Sciences PhD program award. Award: \$2,000.

Advanced Opportunity Program Fellowship. (2019-2022). Graduate school fellowship awarded at the University of Wisconsin-Milwaukee. Award: Tuition waiver + Annual \$15,000.00 stipend + \$1000.00 travel grant.

Student Conference Abstract Award (2021) – Association for Applied Sport Psychology; Sponsored by Routledge/Taylor & Francis.

Student Conference Abstract Award (2020) – Association for Applied Sport Psychology; Sponsored by Routledge/Taylor & Francis.

President's List (2014) – Miami University, OH.

Dean's List (2013) – Miami University, OH.

Assistantships

Graduate Teaching Assistantship (2023-2024) - College of Health Professions & Sciences (School of Rehabilitation Sciences & Technology), University of Wisconsin-Milwaukee, WI. Tuition remission and stipend (\$11,220).

Project Graduate Assistantship (2018 – 2019) – College of Health Sciences/PhD in Health Sciences, University of Wisconsin-Milwaukee, WI. Tuition remission and monthly stipend.

Rinella Learning Center Graduate Assistantship (2014 – 2016) – Miami University, OH. Tuition remission and monthly stipend.

Academic Service

Co-Founder of the Sport Psychology and Performance Excellence student organization (2019): University of Wisconsin-Milwaukee, WI. Officer: President (Spring 2019 – Spring 2021); Secretary (Fall 2021 – Present).

Disability Rights, Education, Activism, and Mentoring at UWM student organization (2019 – Present): University of Wisconsin-Milwaukee, WI. Leader.

Undergraduate Research Symposium Judge (April 5th, 2019): University of Wisconsin-Milwaukee.

Webmaster for Laboratory for Sport Psychology and Performance Excellence (January 2019 – January 2021): University of Wisconsin-Milwaukee, WI. Responsibilities: Writer – Website News, Developer, Page maintenance.

Research Assistant (2019): College of Health Sciences, University of Wisconsin-Milwaukee, WI. Supervisor: Monna Arvinen-Barrow, PhD, CPsychol AFBPsS, FAASP, CMPC, UPV sert.; Kenneth Ildefonso Jr., MA, LAT. Responsibilities: Transcribed research project interviews.

Health Sciences PhD Steering Committee Assistant (Fall 2018 – Spring 2019): University of Wisconsin-Milwaukee, WI.

Collaborative Learning Initiatives Officer (August 2015 – May 2016): Rinella Learning Center, Miami University, OH.

Academic Coach (August 2014 – May 2016): Rinella Learning Center, Miami University, OH.

Teaching Assistant for FSW 281 - Child Development (Fall 2013): Department of Family Science and Social Work, Miami University, OH.

Professional Service

Junior Managing Editor (2023 – Present): *Journal for Advancing Sport Psychology in Research*.

Leadership Council member of Advocacy Committee (2023 – Present): Association for Applied Sport Psychology. Responsibilities: Leading internal and external DEIBJ Initiatives.

Member of Advocacy Committee (2021 – Present): Association for Applied Sport Psychology. Responsibilities: Affinity Group Initiative, Writer - Conference abstracts, Statements.

Member of Reconciliation Plan Steering Committee (Fall 2021 – Present): Association for Applied Sport Psychology.

Crisis Intervention Specialist (May 2017 – June 2018): Families First, Indianapolis, Indiana.

Academic Fellow for CHS 100 – New Freshman Seminar in Health Professions (Fall 2018, Fall 2019, Fall 2020, Fall 2021, Fall 2022): College of Health Sciences, University of Wisconsin-Milwaukee, WI.

Student Sport Psychology Consultant (Fall 2020 – Spring 2021): University of Wisconsin-Milwaukee, WI. Under supervision, responsibilities: Consults with athletes and teams seeking mental skills training.

Manuscript/Conference Abstract Reviewer

Peer-Reviewer (2021 – Present): Journal for Advancing Sport Psychology in Research (JASPR)

Conference Abstract Reviewer (2020 – Present): Association for Applied Sport Psychology.

Professional Organizations

Student Member (January 2019 – present), *Association for Applied Sport Psychology (AASP)*

Professional Certifications

Lead the Change (May 2, 2023), *Student Union: Sociocultural Programming*

IRB-Social and Behavioral Researchers (November 2022), *CITI Program*. Credential ID 51027775.

Certified Peer Reviewer Course (January 2021), *Elsevier Research Academy*

ASIST: Applied Suicide Intervention Skills Training (May 2017), *LivingWorks Education*

Media

- September, 2009 *True Life: I'm rehabbing my injury*. MTV - Music Television, Interview and feature showcasing the recovery and rehabilitation of a spinal cord injury. <https://www.mtv.com/episodes/kempro/true-life-i-m-rehabbing-my-injury-season-2009-ep-21>
- May, 2012 *True Life: then and now*. MTV – Music Television, Interview and feature revisiting rehabilitation of a spinal cord injury and catching up on life status. <https://www.mtv.com/episodes/mglj53/true-life-then-and-now-ep-11>

News Article Publications – Laboratory for Sport Psychology & Performance Excellence: UWM

- January 19, 2021 Alumni spotlight: Megan Jones. <https://sites.uwm.edu/lab-sppe/2021/01/19/alumni-spotlight-megan-jones/>
- November 30, 2020 Dr. Arvinen-Barrow part of research team investigating Finnish elite athlete mental health. <https://sites.uwm.edu/lab-sppe/2020/11/30/dr-arvinen-barrow-part-of-research-team-investigating-finnish-elite-athlete-mental-health/>
- November 16, 2020 LSPPE doctoral students commitment to publishing master's research. <https://sites.uwm.edu/lab-sppe/2020/11/16/lsppe-doctoral-students-commitment-to-publishing-masters-research/>
- November 2, 2020 LSPPE students, faculty, and alumni present research at 35th annual AASP virtual conference. <https://sites.uwm.edu/lab-sppe/2020/11/02/lsppe-students-faculty-and-alumni-present-research-at-35th-annual-aasp-virtual-conference/>
- October 20, 2020 LSPPE to be represented at AASP 2020 grad & career fair. <https://sites.uwm.edu/lab-sppe/2020/10/20/lsppe-to-be-represented-at-aasp-2020-grad-career-fair/>
- October 5, 2020 LSPPE doctoral students honored as UWM fellowship recipients. <https://sites.uwm.edu/lab-sppe/2020/10/05/lsppe-doctoral-students-honored-as-uwm-fellowship-recipients/>
- September 28, 2020 LSPPE doctoral student Carly Wahl & colleagues host AASP webinar for sport psychology professionals. <https://sites.uwm.edu/lab-sppe/2020/09/28/lsppe->

- [doctoral-student-carly-wahl-colleagues-host-aasp-webinar-for-sport-psychology-professionals/](#)
- September 21, 2020 LSPPE alumni Dr. Sasha Karnes promoted to associate professor at UWW. <https://sites.uwm.edu/lab-sppe/2020/09/21/lsppe-alumni-dr-sasha-karnes-promoted-to-associate-professor-at-uww/>
- September 9, 2020 LSPPE doctoral students Carly Wahl & Derek Zike win 2020 AASP conference student abstract award. <https://sites.uwm.edu/lab-sppe/2020/09/09/lsppe-doctoral-students-carly-wahl-derek-zike-win-2020-aasp-conference-student-abstract-award/>
- March 22, 2020 Dr. Arvinen-Barrow interviewed for Finnish figure skating association article on COVID-19 canceling the world championships in synchronized skating. <https://sites.uwm.edu/lab-sppe/2020/03/22/dr-arvinen-barrow-interviewed-for-finnish-figure-skating-association-article-on-covid-19-canceling-the-world-championships-in-synchronized-skating/>
- March 13, 2020 LSPPE students volunteer at Fight for Air Climb Milwaukee. <https://sites.uwm.edu/lab-sppe/2020/03/13/lsppe-students-volunteer-at-fight-for-air-climb-milwaukee/>
- February 27, 2020 Dr. Arvinen-Barrow and LSPPE doctoral student Derek Zike contribute to performance excellence book. <https://sites.uwm.edu/lab-sppe/2020/02/27/dr-arvinen-barrow-and-lsppe-doctoral-student-derek-zike-contribute-to-performance-excellence-book/>
- February 17, 2020 LSPPE doctoral dissertator Jessica Ford accepts tenure-track position at McDaniel College. <https://sites.uwm.edu/lab-sppe/2020/02/17/lsppe-doctoral-dissertator-jessica-ford-accepts-tenure-track-position-at-mcdaniel-college/>
- January 20, 2020 LSPPE doctoral student Carly Wahl writes for young writers corner in AASP newsletter. <https://sites.uwm.edu/lab-sppe/2020/01/20/lsppe-doctoral-student-carly-wahl-writes-for-young-writers-corner-in-aasp-newsletter/>
- January 13, 2020 Dr. Arvinen-Barrow a guest speaker on Sirius XM doctor radio. <https://sites.uwm.edu/lab-sppe/2020/01/13/dr-arvinen-barrow-a-guest-speaker-on-sirius-xm-doctor-radio/>
- December 13, 2019 Breaking the stigma of mental health for student-athletes: Dr. Meyer featured in WTMJ4 story. <https://sites.uwm.edu/lab-sppe/2019/12/13/breaking-the-stigma-of-mental-health-for-student-athletes-dr-meyer-featured-in-wtmj4-story/>
- December 9, 2019 LSPPE students volunteer at santa hustle Milwaukee 5K. <https://sites.uwm.edu/lab-sppe/2019/12/09/lsppe-students-volunteer-at-santa-hustle-milwaukee-5k/>
- October 31, 2019 LSPPE students, faculty, and alumni present research at 34th annual AASP conference. <https://sites.uwm.edu/lab-sppe/2019/10/31/lsppe-students-faculty-and-alumni-present-research-at-annual-aasp-conference/>
- October 29, 2019 AASP announces the Journal for Advancing Sport Psychology in Research (JASPR) and calls for open editorial board positions. <https://sites.uwm.edu/lab-sppe/2019/10/29/aasp-announces-the-journal-for-advancing-sport-psychology-in-research-jaspr-and-calls-for-open-editorial-board-positions/>

- September 30, 2019 LSPPE students honored at UWM fellowship celebration.
<https://sites.uwm.edu/lab-sppe/2019/09/30/lsppe-students-honored-at-uwm-fellowship-celebration/>
- April 1, 2019 Video: UWM sport psychology helps Peter Andrew enjoy record-breaking senior season.
<https://sites.uwm.edu/lab-sppe/2019/04/01/video-uwm-sport-psychology-helps-peter-andrew-enjoy-record-breaking-senior-season/>
- March 25, 2019 LSPPE students present at regional AASP conference.
<https://sites.uwm.edu/lab-sppe/2019/03/25/lsppe-students-present-at-regional-aasp-conference/>