

Table. Advocacy Recommendations to Improve Psychology Practice in the PICU

Goal	Strategies
Increase Financial Support	<ul style="list-style-type: none"> -Consider asking for or advocating for donor or foundation funds to support psychology practice in the PICU. Offer to name the fund after the donor. -Request funds from the medical team
In order to advocate for increased financial support, the following suggestions are offered:	
Collect and Utilize Outcomes Data	Consider collecting data regarding... <ol style="list-style-type: none"> 1. Consult patterns (e.g., number of consults, number of consults that were unable to be seen and for what reasons); evaluate changes in consult patterns with increased psychology involvement 2. Medical outcomes (e.g., LOS, adherence, re-admission) related to psychology involvement 3. Psychosocial outcomes, including patient and family satisfaction, staff satisfaction, psychologist well-being (e.g., job satisfaction, burnout, moral distress), patient and family mental health outcomes (e.g., behavior, anxiety, depression, traumatic stress, PICS) 4. Cost-effectiveness of compensating psychologists to support families and engage in non-billable services
Share Information about the Role of Psychology in the PICU	<ul style="list-style-type: none"> -Offer Lunch & Learns with other PICU staff -Give talks or presentations highlighting the role and work of psychologists -Talk with medical colleagues about cases -Write advocacy pieces and commentaries
Establish Standards of Care	<ul style="list-style-type: none"> -Based on research and expert opinion, develop and establish standards of care of psychology practice in the PICU -Disseminate standards of care for medical and psychology audiences (e.g., pediatric critical care medicine, pediatric psychology)
Foster Relationships	<ul style="list-style-type: none"> -Talk with PICU nurses -Find psychosocial provider allies (e.g., social workers) -Identify a physician champion (i.e., someone with administrative authority who is willing to listen and help advocate for psychology)
Be Present in the PICU	<ul style="list-style-type: none"> -Ask to attend meetings -Start or attend psychosocial rounds -Ask to observe rounds or shadow -When possible, work in the PICU environment (e.g., writing notes) -Walk through the PICU

Balistreri, K.A., Hagan, M., Canavera, K., Marik, P., Smith, J., Balistreri, S.E., Barakat, L., Berridge, K. E., Michelson, K., Rothschild, C.B., & Davies, W.H. *Description and critical evaluation of models of psychology practice in the pediatric intensive care unit.*